

PL VLB & B 26: Session: 4: COACH evaluation sheet for TEAM: KVZP

Coachinfo: Warming up from: 13:20 untill 14:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lesceu Philippe HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:40
Heat: 6/10 Lane : 1 Athlete: VAN HOYLANDT JULIE					Q-time: 01:20:28
PB (25m pool): 01:20.28 Vilvoorde 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.28	
	no time				
					

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:4, starttime: 14:58	
Heat: 4/7 Lane : 4 Athlete: BOLLU LUCA							Q-time: 02:05:85	
PB (25m pool): 02:05.84 Braine l Alleud 31/03/2024				PB (50m pool): 02:09.39SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:05.84
	no time							
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:5, starttime: 15:01	
Heat: 5/7 Lane : 4 Athlete: DAS JORAN							Q-time: 02:03:79	
PB (25m pool): 02:03.79 Vilvoorde 01/03/2026				PB (50m pool): 02:07.01SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.58		00:59.62		no time		02:03.79
	00:28.58		00:31.04					
								

Coach feedback:

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Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:25
Heat: 3/10 Lane : 1 Athlete: KEERSMAEKERS ELLA					Q-time: 01:23:46
PB (25m pool): 01:23.46 Mons 27/06/2026					PB (50m pool): 01:25.32 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.32		01:23.46	
	00:41.32		00:42.14		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:25
Heat: 3/10 Lane : 8 Athlete: VAN DEN TROOST AMY					Q-time: 01:23:68
PB (25m pool): 01:23.68 Vilvoorde 01/03/2026					PB (50m pool): 01:24.60 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.68		01:23.68	
	00:40.68		00:43.00		
					

Coach feedback:

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:1, starttime: 15:51
Heat: 1/2 Lane : 2 Athlete: VAN HOYLANDT JULIE							Q-time: 06:14:71
PB (25m pool): 06:14.71 LEUVEN. 22/02/2026							PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M
PB		no time		01:28.81		no time	no time
	no time						
							
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5
PB		no time		no time		no time	06:14.71
							

Coach feedback:

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Event number: 35: 50M FREESTYLE MEN 13+			Heat:3, starttime: 16:36
Heat: 3/9 Lane : 6 Athlete: GUENDOUZ ANAS			Q-time: 00:27:50
PB (25m pool): 00:27.50 LEUVEN. 22/02/2026			PB (50m pool): 00:28.07 SB: no time
	2 5 M	5 0 M	
PB		00:27.50	
		00:27.50	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:5, starttime: 16:38
Heat: 5/9 Lane : 8 Athlete: BOLLU LUCA			Q-time: 00:26:60
PB (25m pool): 00:26.60 LEUVEN 23/11/2025			PB (50m pool): 00:26.99 SB: no time
	2 5 M	5 0 M	
PB		00:26.60	
		00:26.60	
			

Coach feedback: